



Sindh Rural Support Organization (SRSO)

HelpAge International-Big Lottery Fund

**HelpAge
International**

age helps

District Shikarpur

NOTE FOR RECORD

3 Days free Eye camp

Organized by: Help Age International; Prevention & Controls of Blindness Programme

Location: Rural Health Care Unit Sultankot, Shikarpur.

Period: 6 to 8th of March 2015.

Service Record: OPD 675, Surgeries 222, Follow-up after surgeries 81 Patients & 400 Glasses for weak eye's Patients.

Benefited OPA's: OPA Bashirabad, OPA Longani, OPA Bhoora Khan, OPA Longani, OPA Long Arbani, OPA OPA Rahimabad, OPA Adam Khan Lashari, OPA Ibrahim Soomro, OPA Sadiq G Wandh, OPA Maseety Napar, OPA Sadullah Napar and other nearby Older persons of District Shikarpur.

Medical Staff: Doctor Darshan Laal, Doctor Niaz Memon & Doctor Badar Din.

Support Staff: PM Sindh HAI, SRSO/HAI-BLF PC & District Shikarpur & Jacobabad.

Introduction:

It is estimated that 11.69 million people in Pakistan are over the age of 60, making it one of only 15 countries in the world with over 10 million people over 60 years old –projected to reach 43.3 million by 2050 (15% of the total population of Pakistan) (Source Ageing in 21st Century Report, 2012; UNFPA and Help Age International)

Poverty is one of the main threats to the wellbeing of older people (OP) in Pakistan in general and Sindh in particular. HelpAge recently launched the Global Age Watch Index (GAWI) which revealed that Pakistan ranks 89th out of 91 countries with regards to the wellbeing of older people.

Help Age International is a rights-based international [NGO](#) that helps older people claim their rights, challenge [discrimination](#) and overcome [poverty](#), so that they can lead dignified, secure, active and healthy lives.

Help Age International now has 101 affiliates and works with more than 200 other partners in more than 70 countries.

Help Age International Vision and make older people enable to claim their rights, challenge discrimination improves lively hood overcome poverty, so that they can lead dignified, secure, active and healthy lives.

The specific objectives of each component of the project are described as:

- Support older people for creating secure income generation sources
- Support older people in active and healthy living
- Support older people in socialization and inclusion in the society and utilize their experiences especially in DRR
- Support older people to claim their rights and protection.

Prevention and Control of Blindness (PCB) Cell, Sindh, is working for the elimination of avoidable blindness in the province through mobilizing resources from non-governmental organizations, local philanthropists and the Government of Pakistan with an overall responsibility for supporting the provincial government in planning, implementation, monitoring and evaluation of eye health activities. The Salient features of the PCB Programme consist of Human Resource Development, training of personnel (training ophthalmologists, technicians), equipping the District Eye Units and Out-Reach Activity (organizing Eye-Camps). These 2 organization organized eye camp at Sultan kot ,in which volunteers from OPAs & project staff funded by HAI did extra ordinary efforts for making success full to the camp.

Sindh Rural Support Organization (SRSO) and Help Age International have implemented various projects for Older People (OP) and Persons with Disabilities since 2010 on Health, livelihoods and DRR. In continuation to its programmes, a recent Memorandum of Understanding (MoU) has been signed between SRSO and HAI to implement a new project “Empowering Older people to improve the lives” in two district of Sindh Shikarpur and Jacobabad with the Support of Help Age International, Age International UK and Big lottery Fund UK. The project development is the result of learned lesson, challenges & previous practices during the implementation of various projects.

Under the funding of Help Age International & preventive control for blind ness a 3 days free Eye Camp was organized by 06 to 08.2015at Rural Health Centre Sultan Kot district Shikarpur for giving the health facility of eyes its check up medication & surgeries along with glasses to members of OPAs formed under certain past & ongoing projects of Help Age Funded in district Shikarpur & Jacobabad. The purpose was to make the poor older people & their family members healthier by giving eye care facility.

Period: During 6 to 8th of March 2015, a surgical eye camp was conducted Rural Health Center Sultankot District Shikarpur. Information dissemination regarding camp was through OPA District Federation via field visit's/meetings by HAI-BLF field teams, Via SMS, via banners & local organizations like CO/VO & LSO who organized by SRSO.

Human resources: PM HAI had developed 3 working committees with the coordination of District OPA federation, 1. Mobilization Committee: who's work to inform, mobilize & bring op's of OPA to Eye Camp, 2. Administrative & Management Committee: who's work to supervise and support in manage the eye camp activities, 3. Food, accommodation & Logistic Committee: Who's work to manage accommodation for PCB accommodation, food for Operated patients & convenience for pick & drop op members from OPA's.

SRSO/HAI BLF field team support OPA members in registration process, guidelines to Op's to doctor & Operation theater, managing other support required to op's & PCB technicians.

PCB technicians took the responsibilities of medical assistance of older person members of OPA, they took blood test of Hepatitis, T.B and other viral diseases of patients who recommended for surgery by Doctor's, preparing patients for surgery, doing refraction distributing glasses, giving regular eye drops to pre-operative patients, & taking care of Post operated persons.

Patient range: Eye camp was designed for older people member of OPA's of District Shikarpur & Jacobabad, but as HelpAge approach is right base approach, so there were no age limitations in camp all age peoples were visited eye camp for checkup but majority of them were Older Peoples members of OPA.

Role of HAI : HAI arranged 2 Hiace Vans for Pick & Drop OP's members from OPA's, provide food to Cataract operated patients, accommodation to PCB technician staff, also provide printed banners to OPA members regarding information Sharing.

Three Day's Progress: The 675 poor beneficiaries got registered by the doctors during 3 days, out of which 400 poor man & women got glasses ,medicines & 222 were operated& were given recheck up.

The team of SRSO BLF project in the supervision of Mr Shahzado Khaskheli Project manager helps Age Int; Sukkur did tire less work from morning to night times & gave endower benefit to poor affecters.

The pick & drop facility for community peoples as well as for doctors has been arranged by Help age international, Dr Faisal health specialist HAI Islamabad was also with patients for 02 days.

SRSO & Help Age International got lot of sympathies by doing this type of events which really is sending the poor communities towards the improvement into their lives. The social citizenry people from all corner of lives appreciated this event whichever is carried out by the HAI in this projected area since 2010.This is leaving best impressions.

After all Beneficiaries of OPA & their families got excellent relief in getting eye treatment, their vision after getting operation is now excellent. They all are feeling happiness & proud to be the member of OPA.Thanks to Help Age & Thanks to SRSO was on their lips & smiling face due to which their vision became back into their eyes.

PICTURE GALLERY

Logistic arrangement & facilitation:



Registration:



OPD Process:



Blood test for Hepatitis & other viral diseases & Blood pressure checkup.



Preparation for Operation:



Operation Process:



Operated patients & Distribution of Glasses to weak eye sight Patients:



Food arrangement for cataract Patients:

