



**HelpAge  
International**

*age helps*

# **AGE FRIENDLY PROJECT**

## **PROJECT COMPLETION REPORT**

**FUNDED BY COMPLEX POLITICAL EMERGENCY - CPE**



OPA Qutab Brohi  
Photo :- Tarique Qureshi

Mustafa Qadir, Project Officer  
August 2012-March 2013

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## List of Abbreviations:

HAI	HelpAge International
SRSO	Sindh Rural Support Organization
CBDRM	Community Based Disaster Risk Management
DRR	Disaster Risk Reduction
CAP	Community Action Plan
FOPA	Federation of Older People Association
OPA	Older People Association
ToT	Training of Trainers
DDMA	District Disaster Management Authority
ERT	Emergency Response Team
DHERP	District Health Emergency Response Plan
DERT	District Emergency Response Plan
PDMA	Provincial Disaster Management Authority
NCDs	Non Communicable Disease
CoC	Care of Carers
DHQ	District Head Quarter Hospital
RHC	Rural Health Center
THQ	Taluka Head Quarter Hospital
BHU	Basic Health Units
PHC	Public Health Centers
HRD	Human Resource Development

## **Acknowledgement:**

It has been great honor and privilege that SRSO has completed this project successfully with partnership of HelpAge International. SRSO would like to express the humble gratitude to stakeholders who supported this project and made this possible to complete it successfully especially; Social Welfare Department, Health Department and district administration of District Shikarpur and Jacobabad who participated in assessments, FGDs, training, development of District Emergency Plan and Health Emergency Plans, establishment of District Federation of OPA's and be supportive in registration of OPA's with Social Welfare Department.

We would like to acknowledge kind support of Mr. Deedar Jamali, DHO Jacobabad and Mr. Khursheed Ahmed, DHO Shikarpur from Health Department who signed Memorandum of Understanding (MoU) with SRSO to implement project activities funded by HelpAge International and supported throughout the interventions ended successfully. Support and cooperation provided by Mr. Agha Waheed, Social Welfare Department Shikarpur and Ms. Zuhra Khoso, Social Welfare Department Jacobabad also acknowledged.

SRSO is also highly thankful to First Micro Finance Bank District Jacobabad for being very cooperative in resolving issue of opening OPAs bank accounts and NRSP Bank Sukkur for OPAs account opening.

SRSO is appreciating support of Prevention and Care of Blindness (PCB) department for conducting Eye Camp and supported project by facilitating with consultants in Health Trainings. Furthermore PPHI's support is unforgettable who provided nominations of their health officers in Primary Health Care Training, Primary Eye Care Training and Health Emergency Response Training. With the conclusion SRSO will always be thankful to Public Health Department, Agriculture Department, Forest Department, Pakistan BaitulMal, National Bank, NADRA and Zakat Ushar to spare their precious time for visit and attending project activities.

In the last, the role of older people and OPAs is highly appreciated and acknowledged who contributed a lot in the success of the project. They were remained a part of the project at every level.

Although there may be many who remain unacknowledged in this humble note of gratitude there are none who remain unappreciated. SRSO is obliged to all stakeholders who directly or indirectly were involved in the Project Activities and interventions.

**Abdul Hameed Bullo**  
***Focal Person***

**General project information:**

<b>Project title</b>			
<b>Start date :-</b>	01-08- 2013		
<b>Actual start date:-</b>	10-08-2013		
<b>Funded by:-</b>	HelpAge International		
<b>Implemented by</b>	Sindh Rural Support Organization		
<b>Geographical location:</b>	i. District Shikarpur, Sindh, Pakistan ii. District Jacobabad, Sindh, Pakistan		
<b>Total budget</b>	HA contribution:	Partner contribution:	Total:
	<b>Rs.11,796,616</b>	<b>Rs.00</b>	<b>Rs.11,796,616</b>
<b>Total planned beneficiaries</b>	Male: <b>8514</b>	Female: <b>3755</b>	Total: <b>12269</b>
<b>Total achieved beneficiaries</b>	Male: <b>8335</b>	Female: <b>5861</b>	Total: <b>14196</b>

**Project overview/Executive Summary:**

Flood of 2010 in Pakistan was the one of major disasters of the world which affected 18,074,250 people across the country. Agencies estimates that the number of the people affected is larger than the Asian Tsunami, Kashmir and Haiti Earth Quakes combined. People not only lost their homes but they lost their livelihood as well. It was estimated that approximately 1500,000 older people have been affected by the flood. District Shikarpur and Jacobabad are Operational areas of SRSO which were severely affected in flood 2010. Due to the huge catastrophe and devastating effects of the flood, emergency response did not meet the humanitarian needs. Government and aid agencies have concerns that it is hard to satisfy immediate needs of the affected population particularly vulnerable groups such as Older People (Ops) were receiving no aid whatsoever.

In District Jacobabad and Shikarpur SRSO Team estimated that there were 240,000 Older People in need to get assistance. SRSO has been engaged working in flood affected Districts of Sindh Province since Flood 2010, Monsoon and rainfall 2012. HelpAge International (HAI) and Sindh Rural Support Program (SRSO) agreed to work on Phase III for humanitarian assistant and development. This Memorandum of Understanding (MOU) between these two organizations has been signed at Country level from August 01, 2012- to March 31, 2013). The purpose of this Letter

of Agreement (LoA) was to describe the overall implementation strategy of CPE funded activities (1<sup>st</sup> August 2012 to 31<sup>st</sup> March 2013) and role & responsibilities of both partners.

In continuation of already existing LoA of August, 2012 and addendum was signed in December, 2012 for additional activities of Age Friendly Project. Also another addendum was signed in February, 2013 for organizing UNJUST campaign in Sindh.

The time period of all activities remained same. The team and management of the project worked hard and achieved the desired targets within due time frame.

## **Project objectives:**

The overall objective of the Age Friendly Project is to strengthen older people to live active and healthy lives in respective of HelpAge International Vision and make them enable to claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.

The specific objectives of each component of the project are described in details in following:

### **Social mobilization and OPAs**

Following are the detailed objectives of Age Friendly Project in Social Mobilization and OPAs:

1. To register formed OPAs with Social Welfare Department, Govt. of Sindh under voluntary Social Welfare Agencies Registration and Control Ordinance 1961.
2. To mobilize and establish district level network of OPAs for their linkages building, coordination, sharing, learning and fundraising
3. To build linkages of OPAs with government and other social protection institutes
4. To sustain OPAs through coordination, linkages building and institutionalization

### **Health:**

The specific objectives of the health components are as under:

- 1- Provide training on Care of Carers to older people and their family members
- 2- Provide training on Non-Communicable diseases to older people, their family members and OPAs
- 3- Provide eye screening services at community level through organizing eye camps

- 4- Provide ocular medicines and visioning glasses to deserving older people
- 5- Provide cataract services to deserving and needy older people
- 6- Provide assistive aids to weak and disable older peoples
- 7- Provide Age Friendly Primary Health care trainings to health professional of the project areas
- 8- Provide Primary Eye care training to paramedic and health professionals of BHUs in respective selected areas
- 9- Develop health emergency plan in consultation with health department and district administration.

## **CBDRM:**

The objectives of the community based disaster risk reduction and management are as under:

- 1- Provide refresher trainings on CBDRM to OPAs at village level
- 2- Established DRR committees in the villages having OPAs
- 3- Develop Community Action Plans and register them with DDMA/District administration
- 4- Develop District Emergency Response Plan in consultation with DDMA, Revenue, health, Police, education, agriculture, social welfare and Civil defense departments in the district Shikarpur and Jacobabad
- 5- Develop linkages of OPAs with DDMA and District administration.

## **Livelihood:**

The objectives of Livelihood component were as under:

- 1- To make OPs a productive part of family as well as community
- 2- To secure the income of older people by providing training on management of provided CRF and sustain it by functioning properly
- 3- To secure the income of older peoples by providing trainings on improvement in livelihood sources and also equipped them through providing livelihood toolkits
- 4- Provide opportunities for older people to ensure their contribution in the family.
- 5- To build the capability of OPAs on Older people rights, data collection, monitoring at local level, advocacy on rights of older people, organizational development and conflict management through arranging trainings
- 6- To build linkages of OPAs with other social protection Institutes and Micro Finance Institutes for getting benefits from each other.

## **Advocacy**

The objectives of Advocacy component were described as under:

- 1- Advocacy on rights of older people
- 2- Sensitize local and national media on rights of older people and senior citizen bill
- 3- Sensitize different stakeholders including line departments, parliamentarians and others on Senior Citizen bill
- 4- Arrange campaign on ADA and be a part of global efforts to make older people active and healthy living
- 5- Celebrate International events on older people and on their rights
- 6- Celebrate UNJUST Campaign to highlight the issues of older people in emergencies

## **Target beneficiaries:**

As it is a unique project for older people so the direct beneficiaries of the project were older people having age more than 50 years while indirect beneficiaries were family members of the older people and community belonging to older people.

## **Criteria for Selection of beneficiaries**

The devised criteria for selection of beneficiaries for Age Friendly project is as under:

- Should be a regular member of OPA in the village
- Should be of more than 50 year
- Have voluntarily willingness to join OPA and other activities of the project
- He/ She would be able to directly involve in the project activities.
- In case of severe disability to older people which restricted him/her to not attending project activities directly or he/ she is too weak and not able to sit long in project activities, then he/ she would nominate his/her close family member to participate in project activities on behalf of him/her. He/ She should submit a written consent about the nominated person and have confidence that project benefits will be directly given to him/her by the nominated person.
- Preference will be given to more deserving older peoples on the basis of poverty and secure income sources
- In all project activities female older peoples should be preferred.



## The Selection Process of beneficiaries

The selection process for beneficiaries of Age Friendly project was described as under:

- OPA should call a meeting of general body and decide about the direct beneficiary of the project as per set criteria
- Criteria should be discussed in general body of OPA and decision is taken in majority of vote or unanimously
- Decision should be documented through resolution by OPA
- Final selection of beneficiary should be decided on the basis of submitted resolution of the OPA.
- Any member of OPA have reserved the right to challenge any discrimination occurred in selection of beneficiary against the selection criteria and process by submitting application in written to President/General Secretary of the OPA.

## Target VS achievements:

The Age Friendly Project is started from 1<sup>st</sup> August, 2012 and ended at 31<sup>st</sup> March, 2013. The achievement against the project targets is more than 100%. Additional activities were also conducted during the project duration. Some component wise details of achievements versus targets are described as under:

## Health Component

Health component of Age Friendly has immense importance for project beneficiaries. Older people have special needs of health care due to ageing. Their five senses become weak and also having non communicable diseases. Under this component the achievement is 102.1% so achieved extra targets. Some interventions in health components and rate of achievement is as under:

- Conducted three eye camps, i-e; two in Shikarpur and One in Jacobabad district. 3062 older peoples were examined for eye diseases screening, 1039 vision glasses were provided to needy and deserving older



people while 1441 older persons were provided ocular medicines. Achievement is more than targets.

- Cataract surgeries were conducted for 374 older people. The target was 200 while achievement is more than targets.
- Assistive aids were provided to 150 older people who are too much weak or having any disability which caused hindrances in their mobility. Assistive aids were provided at the door step of older people by following set criteria and process including assessment, prioritization, requesting and distribution.
- Training on Care of Carers and Non Communicable Diseases is provided to 1286 persons including older people, family members of older people and community volunteers.
- Training on Age Friendly Primary Health Care is provided to 42 health professionals and paramedical staff of selected BHUs in both districts of Sindh province.
- Training on Primary Eye Care is provided to 44 health professionals and paramedical staff of selected BHUs in both districts of Sindh province.
- Health Emergency Plan is developed in consultation with health department and OPAs in both districts. The developed plans were shared with health department and district administration for endorsement and would be intake in the districts. The consultation meeting attended by 64 representatives from Health department, district administration and OPAs.
- 04 BHUs were developed as Age Friendly health facilities in each district. Equipment on primary eye care were also provided to such selected BHUs along with other Age Friendly material including chairs, fans, stretcher, wheel chair and other material. The details of age friendly material and equipment's given to each BHU is as under:



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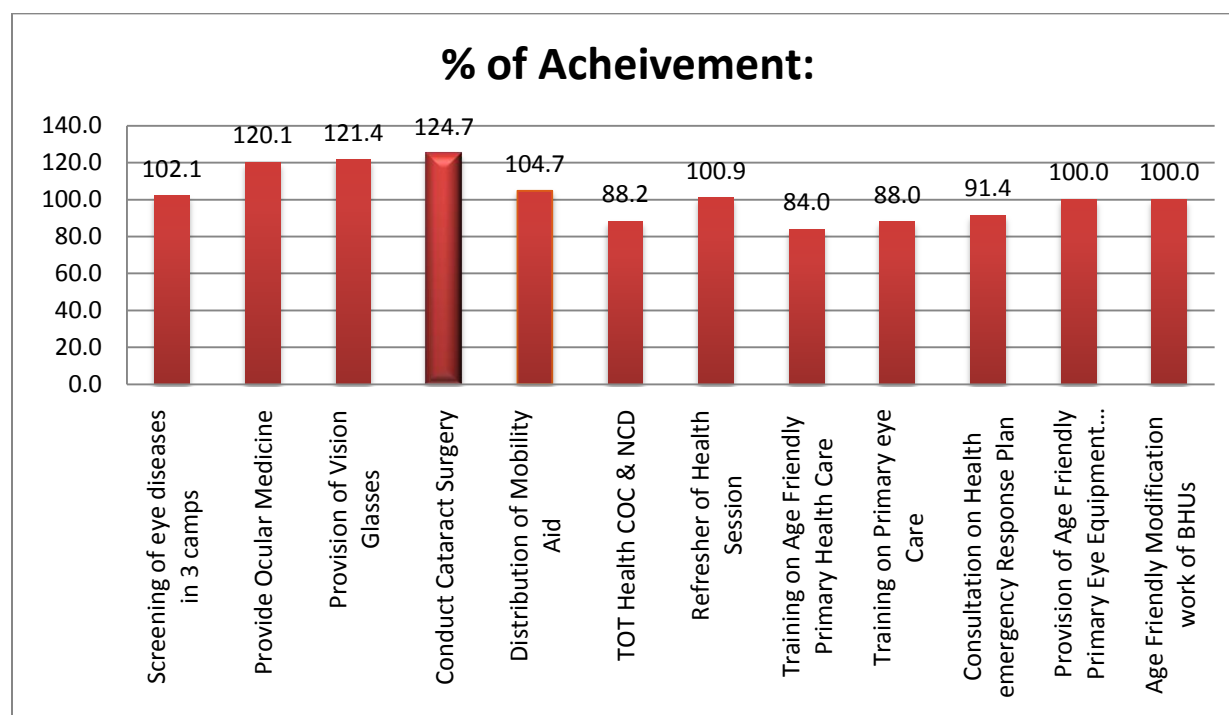
S #	ITEMS	QTY
1	Chairs	10
2	Room Heaters	2
3	Fans	2
4	Blood sugar testing strips pack	1
5	Wheel Chairs	2
6	Stretcher with Wheels	1
7	BP Operatus	2
8	Weight Machine	1
9	MUAC (Mid Upper Arm Circumference) tapes	10
10	IEC material regarding Chronic non-communicable diseases, printed, framed and hanged in the waiting area.	2
11	English commode or tiolet commode chair	1
12	Ophthalmoscope	1
	Retinoscope	1
14	Refraction Box	1
15	Eye Charts	1
16	Eye Drum with Stand	1

The performance of health component is also elaborated in following table:

No.	Activity	Target			Achieved			% of Acheiv:	Variance
		M	F	T	M	F	T		
1	Screening of eye diseases in 3 camps	1800	1200	3000	1188	1874	3062	102.1%	62
2	Provide Ocular Medicine	900	300	1200	587	854	1441	120.1%	241
3	Provision of Vision Glasses	570	330	900	393	700	1093	121.4%	193
4	Conduct Cataract Surgery	170	130	300	173	201	374	124.7%	74
5	Distribution of Mobility Aid	75	75	150	78	79	157	104.7%	05
6	TOT Health COC & NCD	51	00	51	45	00	45	88.2%	06
7	Refresher of Health Session	700	574	1274	548	738	1286	100.9%	12
8	Training on Age Friendly Primary Health Care	36	14	50	36	6	42	84.0%	8
9	Training on Primary eye Care	36	14	50	44	00	44	88.0%	-6

<b>10</b>	Consultation on Health emergency Response Plan	60	10	70	61	3	64	91.4%	-6
<b>11</b>	Provision of Age Friendly Primary Eye Equipment to selected BHU	00	00	08	00	00	08	100.0%	0
<b>12</b>	Age Friendly Modification work of BHUs	00	00	08	00	00	08	100.0%	0

The graphical presentation of achievement against the targets is given in below graph:



## Variations and its reasons

The variations in activities under health component are recorded as under:

- 1- One BHU is added as extra in each district in targets due to unspent budget available under this component. It was discussed with HAI and got approval before implementation in the field. Now 4 BHUs were modified and equipped for Age Friendly facilities in each district.
- 2- Number of eye screening, provision of ocular medicines, provision of vision glasses and cataract surgeries had been increased as compare to targets due

to saved budget under this head. MoU was signed with PCB Sindh, who provided services at lower rates with good quality. Therefore, saved amount was utilized on accommodated extra beneficiaries in the targets.

- 3- Some participants were absent in trainings. The events were conducted satisfactory as per targets but some participants were absent.
- 4- The overall performance in this head is recorded as 102.1%.

## **CBDRM Component**

Preparedness is the main feature of CBDRM tool to mitigate the effects of any natural or manmade disasters. It is believed that training on CBDRM and linkages building are essentials capacities of the communities in DRR cycle. Age Friendly project has provided refresher training session on CBDRM as OPAs were already trained on CBDRM training and simulation during previous phases of HelpAge International funded activities implemented in Shikarpur and Jacobabad districts since 2010. In continuation of that activities, following activities on DRR were implanted in both districts under CBDRM component:

- Refreshers on CBDRM training were conducted for 51 OPAs in Sindh. 35 participants were invited from each OPA to attended refresher training sessions including older people and youth of the village. Four committees were formed in each villages having OPAs, which are:



- Search & Rescue Committee
  - First Aid Committee
  - Information and transportation Committee
  - Administration Committee
- Develop Community Action Plans at village level by OPAs and were registered with DDMA/District Administration
  - District Emergency Response Plan (DERP) developed in consultation with DDMA, district administration, social welfare department, revenue department, civil defense and other line departments. DERP is endorsed

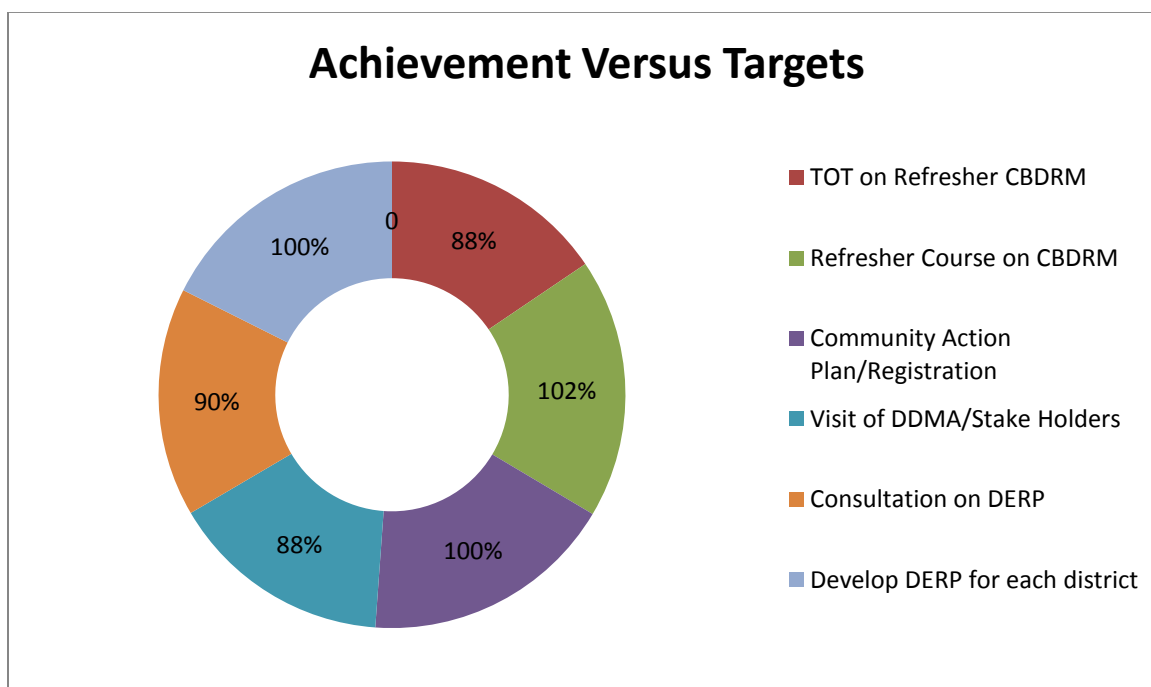
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by DDMA/district administration and would be intake in the both districts of the Sindh Province.

No.	Activity	Target			Achieved			% of Achiev:	Variance
		M	F	T	M	F	T		
1	TOT	45	06	51	45	0	45	88%	-12.0%
2	Refresher Course on CBDRM	1200	585	1785	1279	546	1825	102%	2.0%
3	Community Action Plan/Registration	00	00	51	00	00	51	100%	0
4	Visit of DDMA/Stake Holders	08	0	08	06	01	07	88%	-12.0%
6	Consultation on DERP	50	10	60	53	01	54	90%	-10.0%
7	Develop DERP for each district	00	00	02	00	00	02	100%	00

The graphical presentation of achievement against the targets is given in below graph:



## Variations and its reasons

There is no variation occurred in CBDRM activities. In some trainings/activities some participants were absent and targets of number of participants is little bit lag behind. Otherwise all targeted activities were completed.

## Livelihood Component

Secure livelihood of older people is a major concern of ageing based projects. It is observed that older people who have no earning sources have less importance in their family. To retain importance of older people in the family, Age Friendly project has provided livelihood opportunities such as Community Revolving Fund (CRF), Trainings on improved livelihood sources and provision of toolkits. The achievements versus targets in livelihood component are given as under:



Nawab Khatoon Village Piyaro Mahar, Photograph by Nusrat

- Conducted training on CRF Management for OPAs having CRF. 04 members from each OPA were invited to attend the training including community volunteer/book-keeper. 197 members of 51 OPAs from both districts have attended the training while target was 204 participants. In consequences of training, the OPAs has maintained their record properly and managed CRF very well. The total beneficiaries of the CRF and increase in CRF calculated as under:

District	# Beneficiaries till 31-July-2012			# Beneficiaries from 1-Aug-2012 to 31-March-2013			# Total Beneficiaries till 31-March-2013		
	M	F	T	M	F	T	M	F	T
<b>Shikarpur</b>	519	441	960	55	63	118	574	504	1078
<b>Jacobabad</b>	671	454	1125	105	79	184	776	533	1309
<b>Total</b>	1190	495	2085	160	142	302	1350	1037	2387

- Provided training on improved livelihood sources of OPAs having details as:
  - Trained 242 older people on Vocational skills/Needle work out of targeted 255. All participants were older females.
  - Trained 254 older persons on Kitchen Gardening/Off season vegetables out of targeted 255.
  - Trained 253 older persons on Cattle Farming/Chicken farming out of targeted 255.
  - Trained 102 older persons on beekeeping/mushroom farming out of targeted 102.



- Provided toolkits/ Hens set to all trainees of improved livelihood sources of older people having details below:
  - Hens Set to 255 older persons (10 hens and 2 Cock)
  - Needle Work toolkit to 255 older women.
  - Kitchen Gardening toolkit to 255 older persons
- Conducted two advocacy workshops with social protection institutes and MFIs (Major Finance Institutes) for linkages building with OPAs and sensitizing them for targeting older peoples in their program.

The performance of livelihood component is also elaborated in following table:

No.	Activity	Target			Achieved			% of Achiev:	Variance
		M	F	T	M	F	T		
<b>1</b>	Training on CRF Management	204	0	204	191	06	197	97%	-7
<b>2</b>	CRF Follow up	900	630	1530	965	565	1530	100%	00
<b>3</b>	Training On Vocational skills		242	255		242	242	95%	-13
<b>4</b>	Training On Cattle Farming/Chicken Farming	255	00	255	255	00	253	99.21%	-2
<b>5</b>	Training On Kitchen Gardening/Off Season Vegetables	255	0	255	254	00	254	99.60%	-1

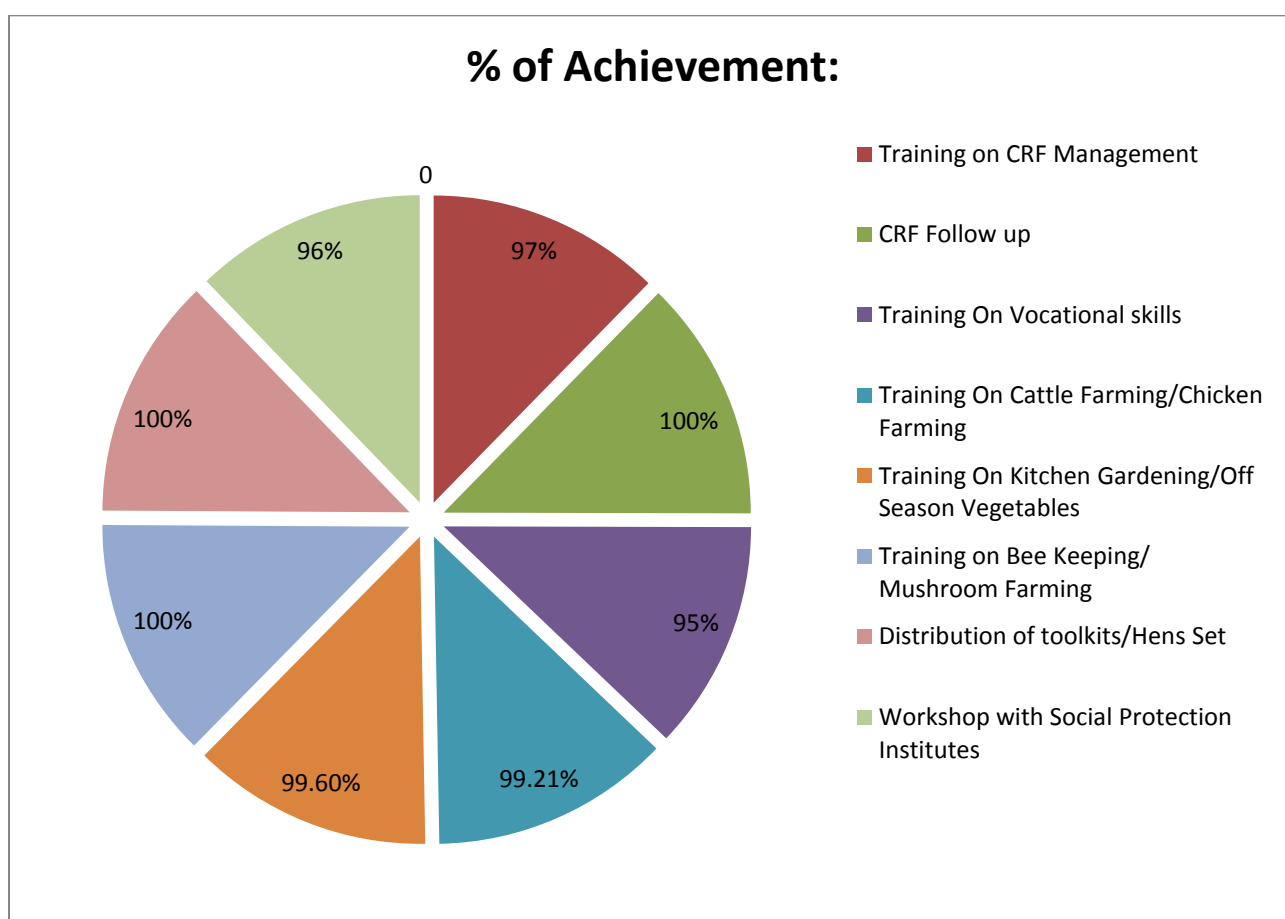


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<b>6</b>	Training on Bee Keeping/ Mushroom Farming	102	0	102	102	00	102	100%	00
<b>7</b>	Distribution of toolkits/Hens Set	510	255	765	510	255	765	100%	00
<b>8</b>	Workshop with Social Protection Institutes	48	02	50	43	1	44	96%	-6

The graphical presentation of achievement against the targets is given in below graph:



## Variations and its reasons

There is no variation in livelihood component of Age Friendly Project except some trainees were absent from trainings otherwise all events are completed.

## Social Mobilization & OPAs

Social Mobilization is very essential part of Age Friendly Project for sustainability of OPAs and their functioning. Following activities were conducted under this component of the project:

- Registered remaining 25 OPAs with Social Welfare Department under Voluntary Agencies (registration & control) ordinance 1961
- Open bank accounts of remaining 06 OPAs in scheduled banks for financial transactions
- Formed district level federation of OPAs in each district of the project area for coordination and linkages building
- Conducted capacity building training sessions of OPAs on following :
  - Organizational Management
  - Conflict Management
  - Older People Rights
  - Monitoring of older people rights at community level
  - Data collection at community level
  - Advocacy and engagement with Government at Tehsil level/district level

All the trainings were organized by HRD of SRSO at unit offices and district offices. Trainings were delivered through experts and master trainers.

The performance of livelihood component is also elaborated in following table:

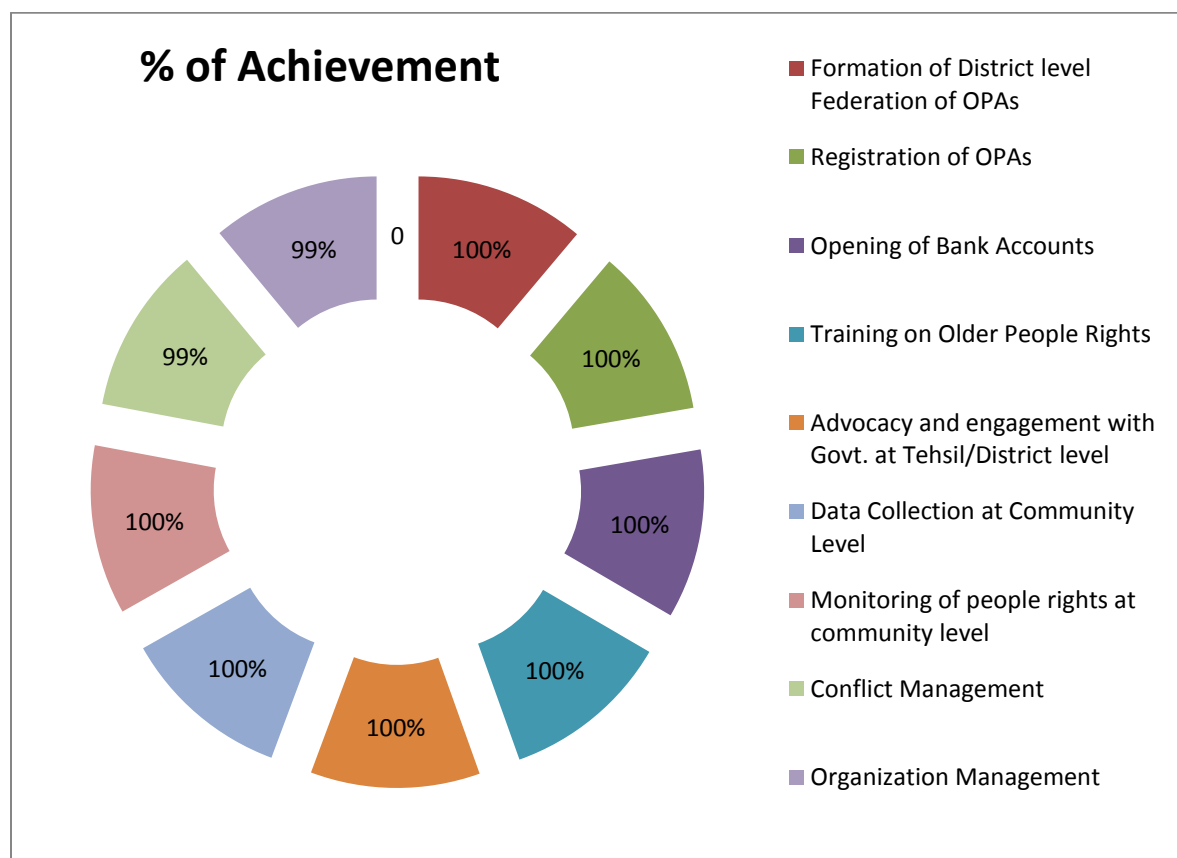
No.	Activity	Target			Achieved			% of Achiev:	Variance
		M	F	T	M	F	T		
<b>2</b>	Formation of District level Federation of OPAs	00	00	02	00	00	02	100%	00
<b>3</b>	Registration of OPAs	00	00	25	00	00	25	100%	00
<b>4</b>	Opening of Bank Accounts	00	00	06	00	00	06	100%	00
<b>5</b>	Training on Older People Rights	408	00	408	408	00	408	100%	00
<b>6</b>	Advocacy and engagement with Govt. at Tehsil/District level	408	00	408	401	07	408	100%	00
<b>7</b>	Data Collection at Community Level	255	00	255	255	00	255	100%	00
<b>8</b>	Monitoring of people rights at community level	255	00	255	255	00	255	100%	00

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<b>9</b>	Conflict Management	204	00	204	197	06	203	99%	-1
<b>10</b>	Organization Management	204	00	204	195	06	201	99%	-3

The graphical presentation of achievement against the targets is given in below graph:



## Variations and its reasons

There is no variation in Social Mobilization and OPAs component of Age Friendly Project except some trainees were absent from trainings otherwise all events are completed.

## Advocacy Component

Age Friendly Project has addressed advocacy component also and conducted different activities including:

- Two district level advocacy workshops have been conducted for awareness and sensitization on Senior Citizen Bill attended by Local politicians, media and other stakeholders.
- One provincial level advocacy workshop with parliamentarian, media, line departments and other stakeholders had been conducted in Karachi. A large numbers of targeted participants have been attended including secretary social welfare department.
- Two Signature campaign rallies have been organized in Shikarpur and Jacobabad. More than 15000 petitions were signed on presentation of Senior Citizen Bill in Sindh assembly.
- World Day of Older Peoples (1<sup>st</sup> October, 2012) was celebrated in Shikarpur and Jacobabad by organizing ADA campaigns attended by a large number of older people in both districts.
- Three Press conferences have been organized to aware the masses about Senior Citizen Bill at Sukkur, Shikarpur and Jacobabad Districts.
- Two Media Sensitization workshop have been organized in district Shikarpur and Sukkur for sensitization of media persons on senior citizen bill.
- In result of advocacy activities, the Senior citizen bill is presented in review committees of Sindh assembly. Secratry Social Welfare ensured issuing of DO letter about Senior Citizen Bill in Sindh assembly.



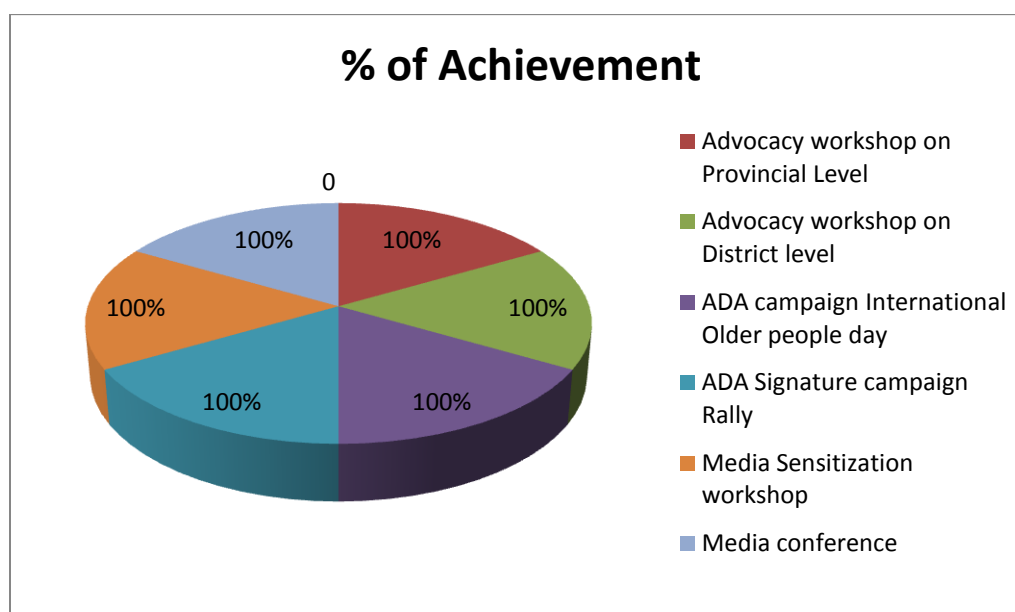
The performance of livelihood component is also elaborated in following table:

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No.	Activity	Target			Achieved			% of Achievement	Variance
		M	F	T	M	F	T		
1	Advocacy workshop on Provincial Level	00	00	01	00	00	01	100%	00
2	Advocacy workshop on District level	02	00	02	00	00	02	100%	00
3	ADA campaign International Older people day	00	00	02	00	00	02	100%	00
4	ADA Signature campaign Rally	00	00	02	00	00	02	100%	00
5	Media Sensitization workshop	00	00	02	00	00	02	100%	00
6	Media conference	00	00	03	00	00	03	100%	00
7	UNJUST Campaign	70	30	100	87	14	101	100%	00

The graphical presentation of achievement against the targets is given in below graph:



## Variations and its reasons

There is no variation in Advocacy component of Age Friendly Project except some participants were less than targeted number of participants while all the targeted activities were completed.

## Financial analysis:

Deliverable/Milestone From Project Plan	Budgeted Cost From Project Plan	Utilized Cost	Variance From Project Plan	Variance (%) From Project Plan
A.1 Staff Cost	2,024,000	2,022,339	1,661	99.92%
A.2 Operational Cost	1,760,000	1,688,755	71,245	95.95%
DRR Training	1,071,000	997,182	73,818	93.11%
Health	3,032,375	3,017,945	14,430	99.52%
Advocacy	640,000	622,997	17,003	97.34%
Capacity Building of OPAs	1,510,000	1,545,685	(35,685)	102.36%
Livelihood	987,500	985,068	2,432	99.75%
SRSO Institutional Cost 7%	771,741	761,598	10,143	98.69%
<b>Total</b>	<b>11,796,616</b>	<b>11,641,569</b>	<b>155,047</b>	<b>98.69%</b>

### Variations and its reasons

The unspent budget is Rs.155, 047/= which is 1.31% of the total budget. The amount of publishing DRR directory Rs.72, 080/= is also included in unspent budget as printing of DRR directory was responsibility of HAI Islamabad. Remaining amount is saved from operational cost of rent a car which budgeted as Rs.50,000/= per month per vehicle but the actual expenses were Rs.45,000/= per month per vehicle. Therefore, some amount retained as unspent.

### Monitoring and evaluation:

Age Friendly Project is monitored by MER of SRSO regularly and shared reports and feedback to focal person, project officer and project staff time to time. The findings and observations were rectified in the light of suggested measures. Focal person also conducted monitoring visits and shared his reports to the project team. Project officer has also monitoring visits of the project activities. A detail M&E matrix was developed in the beginning of the project, which was remained a basic tool for implanting monitoring visits.

Program Manager, HelpAge International also monitored project activities on regular basis. Shared finding and observations were rectified immediately in the light of suggestion submitted by him. Despite of Program Manager, other staff of HAI at Islamabad paid monitoring visits and also conducted desk monitoring of project activities and feedback was shared to project staff for smoothly running of the activities.

As the rush of activities in Age Friendly project, separate M&E officer was felt necessary but due to no approved staff, the same work was conducted by MER SRSO. As they have not conducted extensive monitoring of the project activities, but they tried their level best to conduct monitoring in very positive manners besides other SRSO's activities.

## **Additional achievement:**

Following activities were conducted additionally in Age Friendly Project from August, 2012 to March, 2013:

- Signed MOU with Health Department for intervention of the project at BHU level
- Age Friendly modification work in BHU was extended to 04 BHUs in each district while the target was 03 BHUs in one district.
- Conducted Exposure visit of OPAs of Rahim Yar Khan was additional activity managed from unspent budget.
- Linkages building and close coordination with PCB, sight savers Pakistan and other line department

## **Issues/challenges:**

Following issues/challenges faced during the implementation of Age Friendly Project in Sindh:

- Financial Procedures of SRSO were too lengthy and supportive to activities implemented in the field. For example, we have conducted Primary Care Training for 25 participants having estimated budget was Rs.80, 000/= . Finance has issued advances only Rs.20, 000/= as per policy of SRSO. Staff have managed other amount from own pocket to achieve the targets.
- One vehicle was allocated to one district while 04 components were implemented in field parallel. So management of one vehicle for 4 activities remained a major challenge for staff.
- HRD of SRSO have started training in late which remained a challenge to achieve the targets.
- Targets were high while the project duration was small. Time constraints remained a challenge in achieving targets.

## **Lessons learned/good practices:**

The lesson learnt and good practices of Age Friendly project were described below:

- ✓ Required support was immediately provided by management is a good practice of the project
- Renewal of contract with staff worked in same activities till July, 2012 was a good thing of project strategy.
- Extensive support from donor was really appreciating in planning, implementation, reporting and monitoring. Suggestions were given in positive way and they were achievable.
- Leading role of older people in all project activities is a good practice and also lesson learnt that older people can contribute very well.
- Exposure visit of OPAs of Rahim Yar Khan was very learning activity of the project and a good practice to learn and share with each other's
- Involvement of media in project activities made a project visible in the area and portrays a good image in the society.

## Recommendation:

It is recommended that:

- Age Friendly Project should be extended till the sustainability of OPAs
- Special focus will be given on sustainability of OPAs to work as an institute
- Continue the leading role of older persons in project activities at all level
- Extend Age Friendly project to other villages of the district Shikarpur and Jacobabad where OPAs are not formed.

## Annexures

**All the mentioned annexures are submitted separately.**

- Case studies (at least each for sector)
- Photo/video documentation
- Financial sheet
- Report on Entitlements (supported by pictures/clippings)
- Formats used during projects (data collection, distribution, trainings etc)
- Other additional documents such as draft of press release, letter/feedbacks from beneficiaries are welcome.